



VOLUNTEER VOICE

Volunteer News from the Loudoun Free Clinic

August 2009

Our Mission:

To support healthcare for Loudoun County Residents who, as a result of economic or other barriers, would otherwise do without.

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Volunteer Earns \$1,000 Donation for the Free Clinic

On July 1, 2009, the Free Clinic received a check for \$1,000 from the Pfizer Foundation Volunteer Program recognizing the volunteer service of Julie Rowen, RN. The Pfizer Foundation Volunteer Program is designed to encourage volunteerism and to recognize the outstanding volunteer efforts of Pfizer employees and retirees. To qualify for the grant, an employee must volunteer for at least 6 months and have

served an average of six hours per month for a total of 72 hours for the organization per calendar year.

Julie began volunteering as a nurse with the Free Clinic in October of 2008 and since that time has dedicated more than 100 hours of service. As a volunteer, Julie has been critical to the smooth operation of the Clinic over the last 10 months by volunteering for every Thursday night clinic and helping us see more patients than ever before. Julie has also



Free Clinic volunteer Julie Rowen

worked hard to bring medications and needed supplies to donate to the Clinic. She has been an asset in every way, and this \$1,000 donation will allow us to better serve our patients. Thank you, Julie!

Welcome Baby Grayson!



On July 23, Executive Director Jennifer Montgomery announced the birth of her first child, Grayson James. Grayson

was born July 23rd at 11:14 pm weighing 8.8 lbs and measuring 20.5 inches. Congratulations Jennifer and Chris!

Clinic Needs in August

Nurse/EMT:

- Mon Aug 10th 10am-1pm
- Wed August 12th 5:30pm-9pm
- Thurs August 20th 5:30pm-9pm
- Wed August 26th 5:30pm-9pm
- Thurs August 27th 5:30pm-9pm

Doctor, NP, PA:

- Wed August 12th 6pm-9pm
- Thurs August 20th 6pm-9pm
- Wed August 26th 6pm-9pm
- Thurs August 27th 6pm-9pm

Interpreter:

- Wed August 6th 5:30pm-9pm
- Thurs August 7th 5:30pm-9pm
- Wed August 19th 5:30pm-9pm
- Thurs August 20th 5:30pm-9pm

Please sign up for shifts online, or contact the Volunteer Coordinator at 703-779-5425 or kat@loudounfreeclinic.org

LFC Board of Directors

- Cheryl Beebe
- John H. Cook, III MD
- Susan Carroll
- Thomas Dunlap
- Matthew Gavin, MD
- Ashley Hunnicutt
- Kelly Hymes
- Patrick McCabe
- Sharon Meyers
- Bob Miller
- Erin Smith
- David Stewart, MD
- Anna Toth

Welcome New Volunteers!

- Dr. Jack Ayoub (Referral GYN)
- Dr. Doug Benkelman (Provider)
- Anne Cockerham, Nurse Midwife (Provider)
- Wendy Dotson, Nurse Midwife (Provider)
- Samantha Hoehner (Admin)
- Olivia McGarry, NP (Provider)
- Dr. Melissa Natale (Provider)
- Kerry Sarver (Admin)
- Myra Sonnenbrot (Interpreter)



Happy Birthday!

- Sam Hoehner (August 9)
- Wendy Dotson (August 12)
- Will Hymes (August 15)
- Puneet Lall (August 20)
- Donna Johnson (August 28)

To everyone we missed, please accept our apologies and please update your profile so that we can wish you a Happy Birthday next time!

Correction: Last month we missed wishing volunteer Tami Harrison a Happy Birthday on the 24th.
HAPPY BELATED BIRTHDAY TAMI!

New Volunteer Coordinator This Month!

Beginning in August the Free Clinic will have a new Volunteer & Administrative Coordinator; Adria Peterson will take over effective August 10th, and we are thrilled to have her on board. She brings to the Clinic a great deal of experiences and skills that will allow her to ensure the continued success of the Clinic, and we are excited for all of you to have the opportunity to meet and welcome her.

Board Member Spotlight: Kelly Hymes

Last month Loudoun Free Clinic Board Member Kelly Hymes made a donation to the Clinic to cover the cost of the Volunteer Recognition Event held June 29, 2009. Thank you, Kelly!

integral part of the success of the Loudoun Free Clinic, and we are grateful for her hard work and dedication.

On behalf of the volunteers of the Loudoun Free Clinic, thank you Kelly for your continued support and generosity!

Kelly works in the areas of human resources, leading change, and organizational development. She lives in Leesburg, Virginia and has two sons, including Will, an administrative volunteer at the Free Clinic.

Kelly joined the Catoctin Foundation board of directors in May 2001, and has held positions including Secretary, President, Chair, and Vice Chair. She has been an

Congratulations to Tami Harrison, RN!

On July 24th Tami Harrison, a volunteer nurse for the Loudoun Free Clinic, passed her nursing boards and became an RN. Tami came to the Free Clinic as an LPN in May of 2007 and has been a great help to the Clinic and our patients for countless evening clinics. Tami volunteers once a month, and has been invaluable as a nurse at the Clinic. Tami has spent the last three years working towards her RN at Excelsior College. As every RN can attest, making the transition from LPN to RN is a tremendous amount of work and sacrifice, and Tami accomplished this while maintaining full-time employment and consistent volunteer work at the Clinic. Congratulations, Tami!

August Volunteer of the Month: Deb Premo

Congratulations to Deb Premo, August's volunteer of the month! Deb began volunteering just three months ago and has proven to be indispensable. She volunteers twice a week on Tuesdays and Thursdays and has been an huge source of support to the staff and patients. According to Patient Services Coordinator Laura Gutierrez, who made the

nomination, Deb is "always willing to help with everything" as an administrative volunteer, and handles everything from fielding the phones to scheduling appointments. She has helped lighten the burden for the staff and allowed us to see and treat more patients. Thank you, Deb, for your dedication to the Loudoun Free Clinic .



New Providers in July

Last month the Loudoun Free Clinic welcomed 5 new providers. Olivia McGarry, NP, Doug Benkelman, MD, and Melissa Natale, MD began as volunteer providers for evening clinics; Jack Ayoub, MD, signed on as a GYN referral specialist; and Wendy Dotson and Anne Cockerham came on board as Midwives to conduct PAP clinics

for our patients. Each of these providers will allow the Loudoun Free Clinic to expand the services we provide to our growing patient base. Please join us in welcoming each of them to the team, and please keep sending more providers our way! The Loudoun Free Clinic could not function without them!

Interested volunteer providers should complete the online volunteer application available on our website at www.loudounfreeclinic.org. For additional information, please contact the Volunteer Coordinator via phone : 703-779-54275 or email: kat@loudounfreeclinic.org

Patient Medication Program Update

Through our Prescription Assistance Program (PAP), the Loudoun Free Clinic has acquired brand-name medications, at no cost to the patient or the Clinic, through programs offered by pharmaceutical companies for low-income, uninsured patients. Many of these costly medications are used to treat diabetes, asthma, high blood pressure, and other chronic conditions.

In 2009, the Clinic established policies and procedures for

enrolling patients in those programs, as well as a record-keeping system to track and dispense PAP medications.

In FY 2009, the Loudoun Free Clinic accomplished the following:

- Enrolled 144 of our patients in PAP programs for 83 different medications
- Received medications valued at more than **\$215,780**
- Worked with 34 different pharmaceutical companies to acquire medications. Each pharmaceutical company has its own application, eligibility criteria, and procedures for acquiring and dispensing the medications.
- New enrollments and refill requests totaled 467 separate submittals to pharmaceutical companies in FY 09 on behalf of our patients.

- Cynthia Lehigh, Pharmacy Assistance Coordinator

YUM!

Thanks to all those who donate snacks and dinners for our volunteers!

Becky Fleming

Brownie Troop 4472

Bruce Danner

Costco

Dominion Academy

Dorothy Fitzhugh

Gallettas

La Chocita

La Lou Bistro

Lightfoot Restaurant

Lisa Powers

South Street Under

Spanky's Shenanigan's

St. Francis de Sales

Young Lee

**VOLUNTEER NEWS FROM
THE LOUDOUN FREE CLINIC**

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