



# VOLUNTEER VOICE

Volunteer News from the Loudoun Free Clinic

September 2009

## Our Mission:

*To support healthcare for Loudoun County Residents who, as a result of economic or other barriers, would otherwise do without.*

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## Meet the New Staff !

### Bob Steere

Bob took over as Interim Executive Director of the Free Clinic when Jennifer Montgomery when on maternity leave in late July. Bob has over 20 years working with organizations in a variety of leadership roles. Bob owns a consulting business called Steere Consulting which provides strategic management consulting, business development, and leadership development to various clients.

### Bernadette Berrios

Bernadette joined the clinic a month ago, replacing Laura Gutierrez as the Patient Services Coordinator. Bernadette relocated from Bronx, NY to Loudoun County in 2005. She is a SGT in the United States Army National Guard and has proudly served her

### Adria Peterson

Adria Peterson joined the clinic in early August, replacing Kat Gatewood as the Volunteer and Admin Coordinator. Adria moved to Loudoun County in 2007 from Denver, Colorado. She has a varied career in hospitality and customer service most recently as a Sales and Meeting Planner

He has consulted with organizations such as World Trade Center-Dulles Airport, Inova Health System, Loudoun Youth Inc., the Democratic Labor Party of Barbados and many others. Bob is a graduate of Lead Virginia and serves as a Commissioner on the Loudoun County Economic Development Commission. He also serves on the Board of Directors of various non-profits in Northern Virginia including Loudoun Interfaith Relief.

Country for 10 years. Bernadette decided to pursue a career in the medical industry after being activated in to duty on 9/11, and making sure that people are getting the proper care has become a priority for her. In 2003 she began working in a medical office as a medical records clerk. In 2005, she became a certified medical assistant and combat

at Lansdowne Resort. Adria Graduated from Coe College, in Cedar Rapids, IA with a BA in English. While attending Coe College she worked as a Public Relations and Fund Raising Intern at the National Kidney Foundation of Iowa. It was here her desire to work for a non-profit organization, particularly in the health care field, started.

He received his MBA in Strategic Management and Marketing from The Peter F. Drucker and Masatoshi Ito Graduate School of Management, Claremont Graduate University, Claremont, CA and his BA in Political Science from the University of Utah, Salt Lake City, UT.

lifesaver. In 2008, Bernadette enrolled in Ashworth University to pursue a degree in Health Care Management. She is currently in her third semester.

Bernadette is married and has two children, a 15 year old daughter and a 6 year old son.

Although her career path took her away from non-profits and health care for many years, she is very excited for the opportunity to work at the Free Clinic.

Adria lives in Ashburn with her husband and very spoiled dog Fiona.

LFC Board of Directors

- Cheryl Beebe
- Thomas Cogan
- John H. Cook, III MD
- Susan Carroll
- Thomas Dunlap
- Matthew Gavin, MD
- Ashley Hunnicutt
- Kelly Hymes
- Patrick McCabe
- Bob Miller
- Jane Raymond
- Erin Smith
- David Stewart, MD
- Anna Toth

Welcome New Volunteers!

- Ashley Adams
- Anmol Brar
- Brian Driskoll
- Cynthia Hillary
- Rose Hocker
- Nancy Hogan
- Brennan O'Brien
- Nicole Tharp
- Monika Virk



## Happy Birthday!

- Kristin Beshore (September 3)
- Carol Glismann (September 5)
- Christina Druther (September 8)
- Anne Cockerham (September 11)
- Hannah Smith (September 18)
- Michelle Jakab (September 18)
- Camelia Drissi (September 24)
- Kelsey Beerman (September 28)

To everyone we missed, please accept our apologies and please update your profile so that we can wish you a Happy Birthday next time!

## Fall Fundraising Gala

### Viva Las Vegas!



This fall, our annual fundraising event is a casino night entitled **Viva Las Vegas, Betting on Better Health for our Neighbors in Need**. This year's casino theme includes play money to use at professional gaming tables, a Texas Hold'em tournament, a Vegas Style Buffet, live entertainment, an auction and much more!

The event will take place on November 7, 2009 at Moore Cadillac Hummer, Chantilly, VA .

If you are interested in volunteering at the gala please contact Adria Peterson at (703) 779-5425 or [adria@loudounfreeclinic.org](mailto:adria@loudounfreeclinic.org).

For tickets or to become a sponsor please contact: Bob Steere at 703-779-5412 or [events@loudounfreeclinic.org](mailto:events@loudounfreeclinic.org)

# YUM!

## September Volunteer of the Month: Kevin Trowell

Congratulations to Kevin Trowell, September's volunteer of the month! Kevin came to the Clinic in July 2007 through the Claude Moore Community Builder's program. Kevin stated that he came to love the clinic through the Claude Moore program and decided to stay on as a volunteer long after the program was finished. Since becoming a volunteer two years ago, Kevin has volunteered more than 320 hours of service including 189 hours just this summer! Kevin was truly an integral member of our staff this summer. He volunteered Monday through Thursdays, often staying until evening clinic was well underway. According to Assistant Clinic Coordinator, Katherine Lanouette, who made the nomination, Kevin is "always ready to assist with any task needed— what an asset." Kevin returned to college at William and Mary for his sophomore where he is studying biology and chemistry. He plans to go onto medical school after he gets his undergraduate degree.



Kevin Trowell enjoying a meal at Chipotle courtesy of Facebook.

Thank you, Kevin, for your dedication to the Loudoun Free Clinic and its patients. The clinic just isn't the same without you.

## Clinic Needs

**Providers (MDs, NPs, & PAs)**— Needed for evening clinics throughout October. We are also looking for additional providers to do monthly gynecological clinics for our patients.

**Nurses/EMTs** - Needed for evening clinics throughout September and October (especially 9/17, 9/24, 10/1).

**Eligibility Screeners** - Needed Wednesdays and Thursday during the day. Must be willing to commit to a regular schedule.

All other volunteers, clinical and non-clinical, are needed throughout September & October. Check the schedule online for open shifts.

**Contact:**  
Adria Peterson  
Volunteer &  
Administrative  
Coordinator  
703-779-5425 (direct)  
703-779-5407 (fax)  
adria@loudounfreeclinic.org

## Updating Your Volunteer Information

**PLEASE update your contact information, especially phone, email, mailing address and date of birth as soon as possible. This can be done online, or by contacting the Volunteer Coordinator.**

**Contact:**

**Adria Peterson**  
703-779-5425  
adria@loudounfreeclinic.org

**Thanks to all those who donate snacks and dinners for our volunteers!**

Becky Fleming

Brownie Troop 4472

Bruce Danner

Costco

Dominion Academy

Dorothy Fitzhugh

Gallettas

La Chocita

La Lou Bistro

Lightfoot Restaurant

Lisa Powers

Shirley Tran

South Street Under

Spanky's Shenanigan's

St. Francis de Sales

Young Lee

**VOLUNTEER NEWS FROM  
THE LOUDOUN FREE CLINIC**

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**Staff Contact Information:**

**Jennifer Montgomery, Executive Director**

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**Adria Peterson, Volunteer & Administrative Coordinator**

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**Cynthia Lehigh, Pharmacy Assistance Coordinator**

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